

CERTIFICATE OF PARTICIPATION

This is to certify that

Rhyn Promnitz

Has successfully participated & completed the
13km Shift Wellness - Winter Wellness Trail Series
held at Walter Sisulu Garden.

TIME 01:45:26

PACE 08:06/km
OVERALL 28 of 59

GENDER 25 of 40
40 - 49 8 of 14

21 July 2019, Sun

Date



BoutTime

Signature

